METRICS FRAMEWORK

Many studies have shown links between the urban agriculture activities across the top row (such as cooking and nutrition classes, rainwater harvesting, farmers markets) and the health, social, economic, and ecological benefits on the left hand column (such as health eating, stormwater management, and social connections).

⊙ Evidence-based links

Activities

Top-level activities: Seed Saving · Bee Keeping · Land Remediation · Environmental Education · Food Systems Education · Social/food Justice Education · Youth Leadership Training · Job Training/Creation · Inter-Generational Programs · Policy Work & Advocacy · Special Events · Value-added Products · Senior Food Access Programs · Growing Vegetables/Fruits/Herbs

Lower-level activities: Rainwater Harvesting · Raising Livestock · Composting · Planting Trees · Cooking & Nutrition Classes · Health & Wellness Education · School Programs · Ag./farm Management Training · Women-Focused Programs · Community-Based Research & Organizing · Volunteer Programs · CSA · Farmers Market · Restaurant Sales

Benefits

Health
- Access to healthy food
- Food-health literacy
- Healthy eating
- Physical activity

Social
- Empowerment & mobilization
- Youth development & education
- Food security
- Safe spaces
- Socially integrated aging

Economic
- Local economic stimulation
- Job growth
- Job readiness
- Food affordability

Ecological
- Awareness of food systems ecology
- Stewardship
- Conservation
- Storm water management
- Soil improvement
- Biodiversity & habitat improvement